



HARVARD MEDICAL SCHOOL

This course sold out in 2018. Early registration to the 2019 program is strongly advised.

Updates in **General Internal Medicine for Specialists**

**January 28 - February 1, 2019
Boston, Massachusetts**

Fairmont Copley Plaza

Earn up to:

- 36.50 AMA PRA Category 1 Credits™
- 36.00 AAFP Prescribed credits
- 5.00 credits of Risk Management Study

Specialists can rely on this program for updates in general internal medicine that impact day-to-day practice, clinical decisions, and patient care

This program is among the highest-rated Harvard Medical School CME courses

Under the direction of
John D. Goodson, MD



Jane S. Sillman, MD



Updates for:

- Patient care innovations across the full range of specialties
- Critical drug-drug interactions
- State-of-the-art management strategies for diabetes, cardiovascular disease, lipid disorders, hypertension, chronic lung disease, sleep disturbances, cognitive decline, chronic pain
- Expert examination techniques: back, shoulder, complete neurologic
- Options for and value from cardiovascular interventions
- Practical approaches to disease prevention and health promotion
- Best practices for cross-specialty collaboration

Register at GIMS.HMSCME.com

Course Overview



HARVARD
MEDICAL SCHOOL

Dear Colleague,

We understand that as a specialist, you must keep your knowledge of general medicine current, especially with clinical practice in relevant disciplines outside of your field of expertise. Whether you are a psychiatrist or pathologist, cardiologist or rheumatologist, surgeon or hospitalist, you can rely on this course for updates in general medicine that impact day-to-day practice, clinical decisions, and patient care.

We have designed the curriculum for *General Internal Medicine for Specialists* to provide broad and inclusive content ranging from clinical controversies to specific new and innovative therapies. In this program, we will be providing updates in several areas including:

- Potential adverse interactions between drugs prescribed by you and by others
- Strategies for assessing and managing interacting comorbidities
- Current guidelines and management strategies for diabetes, cardiovascular disease, lipid disorders, hypertension, chronic lung disease, sleep disturbances, cognitive decline, chronic pain
- Focused examination techniques: back, shoulder, neurologic examination
- Up-to-date interventional therapies in cardiology
- Inter-specialty clinical decision making
- New evidence-based screening and prevention practices
- Breakthrough innovations with powerful patient benefit

Together with Harvard's leading clinical faculty — representing more than 30 fields of medicine — we have created an educational program expressly for specialists. The updates are relevant, and delivered by faculty who succinctly and effectively summarize information and provide practical recommendations for implementation.

We hope you will join us.

John D. Goodson, MD

Jane S. Sillman, MD

Course Directors



John D. Goodson, MD

John D. Goodson, MD, Associate Professor of Medicine, Harvard Medical School, and Physician, Massachusetts General Hospital, is renowned as a teacher, clinical innovator, national leader and advocate for strengthening and sustaining primary care medicine.



Jane S. Sillman, MD

Assistant Professor of Medicine, Harvard Medical School; Director Emerita of Medical Residency Ambulatory Education, Brigham and Women's Hospital.



Reasons to Attend in 2019

► Enhance and update your knowledge of general internal medicine

Whatever your specialty, you need a working knowledge of current internal medicine practice standards, an understanding of treatments and interactions, and a familiarity with the work of your colleagues. Designed to meet the needs of the full range of specialists, *General Internal Medicine for Specialists* provides focused updates and covers a vast amount of information efficiently and effectively.

► The 2019 program provides updates for:

- Ischemic heart disease
- Antibiotic use in office practice
- Hepatitis
- Reducing fractures
- Stroke
- Chronic obstructive lung disease
- Diabetes management
- Women's health
- Anticoagulation
- Endocrinology
- The neurologic exam
- Challenging cases from outpatient psychiatry
- Cognitive decline
- Congestive heart failure
- Common eye problems
- Diseases of the foregut
- Lower back pain
- Breast cancer
- Differential dx of polyarthritis
- Travel medicine
- IBS and IBD
- Atrial fibrillation
- Lipid management
- Dermatology
- Osteoporosis management
- Asthma
- Renal medicine
- Anemia
- Basic orthopedics
- Antiplatelet agents
- Sleep disorders
- ENT
- Managing obesity
- Headaches
- Allergy medicine
- Thyroid disorders
- Hypertension
- Cancer screening
- Non-opioid and opioid pain management

► Elevate your practice with state-of-the-art advances and recommendations

You will take home relevant, up-to-date, and evidence-based strategies to improve your patient care.

► Learn from the best clinical faculty at Harvard Medical School

Our program is led by current, expert practitioners and committed teachers, each with significant experience both in the care of patients and in peer-to-peer education.

► Gain a working knowledge of the clinical practices in other disciplines

Innovation and creativity stretch across the full breadth of medical practice. This course will inform you about the critical changes that have emerged to improve the outcomes of patient care.

► Get the cross-specialty insights needed to thrive in new value-based payment models

Value-based care requires all clinicians to be aware of the capabilities of their colleagues. This course provides these important insights.

Guest Faculty

Andrew E. Budson, MD

Professor of Neurology, Boston University School of Medicine

Thomas J. Gill, MD

Professor of Orthopedic Surgery, Tufts University School of Medicine; Chairman, Department of Orthopedics, Steward Healthcare Network; Director, Boston Sports Medicine and Research Institute; Medical Director, Boston Ballet

R. William Mason, MD

Associate Professor, Boston University School of Medicine; Otolaryngology, Department of Surgery, Brigham and Women's Faulkner Hospital

Harvard Medical School Faculty

Rebecca C. Burch, MD
Raymond T. Chung, MD
Gilbert H. Daniels, MD
Benjamin T. Davis, MD
Akshay S. Desai, MD
Christopher H. Fanta, MD
Robert P. Friday, MD, PhD
John D. Goodson, MD
E. Kevin Heist, MD, PhD
Galen V. Henderson, MD
Zacharia Isaac, MD
Eric M. Isselbacher, MD
Kunal Jajoo, MD
Scott Kinlay, MBBS, PhD
David S. Kroll, MD

Nancy B. Kurtz, MD
Regina C. LaRocque, MD, MPH
James A. MacLean, MD
James E. Mojica, MD
David M. Nathan, MD
J. Carl Pallais, MD, MPH
Bobby Y. Reddy, MD
Claudia U. Richter, MD
Rachel P. Rosovsky, MD
Martin A. Samuels, MD
Jane S. Sillman, MD
Barbara L. Smith, MD, PhD
David J. R. Steele, MD
Lisa B. Weissmann, MD

Learning Objectives

Upon completion of this activity, participants will be able to:

- Discuss treatments and interventions provided by primary care internal medicine and specialist physicians.
- Predict side effects from therapies prescribed by colleagues in other disciplines.
- Develop response strategies for important medication interactions.
- Assess the added value of new diagnostic and screening tests.
- Review current guidelines, diagnostic recommendations, and management strategies for diabetes, hypertension, hypercholesterolemia, ischemic heart disease, memory loss, pain, sleep disorders, stroke management, anemia, anticoagulant use and many other specific conditions.
- Assess the relative efficacy and cross-specialty implications of innovative therapies used in a broad spectrum of specialties.
- Identify current disease prevention, screening, and health promotion goals.
- Design more effective clinical strategies based on a refreshed understanding of the newest and most effective interventions offered by your specialty colleagues.
- Develop treatment plans in specific common clinical situations, such as chronic pain and headache.
- Innovate treatments based on a broader understanding of the management strategies and clinical decision making of colleagues in other specialties and their modalities and medications.
- Recognize the impact of the opioid epidemic and how to participate in national efforts to address this crisis.



Educational Impact

Every area of the course has led to changes in my practice. Just a few examples: Dual therapy for Alzheimer's disease, hepatitis C therapy, new therapies in diabetes.

I have attended innumerable CME offerings. Very few faculties could be held on par with this one and no institution has so consistently presented faculty that hold complex audiences ... to the end.

For sleep, pain, cognitive decline ... all disease states I see frequently, the course has given me additional tools to help patients.

I (will) now ... extend some of my workups to include new tests or added observances or questioning; and in some cases refer or seek outside consultation sooner.

The opportunity to learn from and with multiple specialties at once was pivotal.

I have made pain management changes, updated NSAID Rx use, applied new guidelines on screening tests, and now pay more attention to health promotion.

I run an inpatient rehab unit. I gained a much better grasp on how to interpret the referring information.

I've started prescribing metformin and statins ... when indicated, if they are having trouble accessing a PCP. The course gave me the confidence to do so competently.

This course has updated my screening and treatment of osteoporosis, targets for hypertension, approach to risk-based lipid management, and treatment of systolic HF.

The faculty have devoted themselves to the development of both the substance of their subjects and the effective style of their presentations. The manner in which they dealt with questions was unusually on point and thorough.

As a psychiatrist ... I know I can be an advocate and influential person for my patients to get the standard of care from their primary care provider.

Several of the speakers were the best in their field I have ever heard.

Agenda

	Monday, January 28	Tuesday, January 29
7:00 am – 7:30 am	Registration and Continental Breakfast	Continental Breakfast
7:30 am – 8:00 am	Welcome, Introductions and CME Instructions John D. Goodson, MD	
8:00 am – 9:00 am	Ischemic Heart Disease Eric M. Isselbacher, MD	Update in Renal Medicine David J. R. Steele, MD
9:00 am – 10:00 am	Atrial Fibrillation E. Kevin Heist, MD, PhD	Diabetes Management David M. Nathan, MD
10:00 am – 10:15 am	<i>Morning Break (refreshments provided)</i>	
10:15 am – 11:15 am	Antibiotic Use in Office Practice Benjamin T. Davis, MD	Women's Health: Managing Menopause Jane S. Sillman, MD
11:15 am – 12:15 pm	Lipid Management Scott Kinlay, MBBS, PhD	Common Eye Problems Claudia U. Richter, MD
12:15 pm – 1:30 pm	<i>Break for Lunch**</i>	
1:30 pm – 2:30 pm	The Neurologic Exam Martin A. Samuels, MD	Common Dermatologic Problems Bobby Y. Reddy, MD
2:30 pm – 3:30 pm	Update on Congestive Heart Failure Akshay S. Desai, MD	New Anticoagulants and Antiplatelet Agents Rachel P. Rosovsky, MD
3:30 pm – 3:45 pm	<i>Afternoon Break (refreshments provided)</i>	
3:45 pm – 4:45 pm	New Practices for Managing Osteoporosis and Reducing Fractures John D. Goodson, MD	Stroke Galen V. Henderson, MD
4:45 pm – 5:45 pm	Asthma and Chronic Obstructive Lung Diseases Christopher H. Fanta, MD	Current Approaches to Anemia Lisa B. Weissmann, MD
<i>Tuesday Evening Reception</i>		
<i>Be our guest at 5:45 for a course reception</i>		

* Meets criteria for Risk Management credit in Massachusetts

**There are many convenient and varied lunch options within a short walking distance of the course.

Program changes/substitutions may be made without notice. To view the most up-to-date version of the course program, please visit the course website.

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Agenda

	Wednesday, January 30	Thursday, January 31
7:00 am – 8:00 am	Continental Breakfast	Continental Breakfast
8:00 am – 9:00 am	Overview of Sleep Medicine James E. Mojica, MD	Modern Doctoring: Disease Prevention and Health Promotion* John D. Goodson, MD
9:00 am – 10:00 am	Cognitive Decline Andrew E. Budson, MD	Case Studies in Endocrinology J. Carl Pallais, MD, MPH
10:00 am – 10:15 am	<i>Morning Break (refreshments provided)</i>	
10:15 am – 11:15 am	ENT in 2019 R. William Mason, MD	Breast Cancer: Current Approaches to Diagnosis and Treatment Barbara L. Smith, MD, PhD
11:15 am – 12:15 pm	Updates in Addressing Headaches* Rebecca C. Burch, MD	Infectious and Metabolic Hepatitis Raymond T. Chung, MD
12:15 pm – 1:30 pm	<i>Break for Lunch**</i>	
1:30 pm – 2:30 pm	Diseases of the Foregut Kunal Jajoo, MD	Updates in Cancer Screening* John D. Goodson, MD
2:30 pm – 3:30 pm	Managing Obesity Jane S. Sillman, MD	Basic Orthopedics: Shoulder and Arm Thomas J. Gill, MD
3:30 pm – 3:45 pm	<i>Afternoon Break (refreshments provided)</i>	
3:45 pm – 4:45 pm	Challenging Cases from Outpatient Psychiatry David S. Kroll, MD	Allergy Medicine in 2019 James A. MacLean, MD
4:45 pm – 5:45 pm	Travel Medicine Regina C. LaRocque, MD, MPH	Differential Dx of Polyarthritis Robert P. Friday, MD, PhD

Register at GIMS.HMSCME.com

Agenda

	Friday, February 1	WHO SHOULD ATTEND
7:00 am – 8:00 am	Continental Breakfast	<ul style="list-style-type: none">• Physicians• Surgeons• Nurse Practitioners• Advanced Practice Nurses• Physician Assistants
8:00 am – 9:00 am	Case Studies of Common Thyroid Problems Gilbert H. Daniels, MD	
9:00 am – 10:00 am	Management of Hypertension: Updates for Specialists John D. Goodson, MD	
10:00 am – 10:15 am	<i>Morning Break (refreshments provided)</i>	
10:15 am – 11:15 am	Non-Opioid and Opioid Pain Management* Nancy B. Kurtz, MD	
11:15 am – 12:15 pm	Lower Back Pain* Zacharia Isaac, MD	
12:15 pm – 1:30 pm	Course Concludes	

Specialists from all disciplines can rely on this program for updates in general internal medicine that impact day-to-day practice, clinical decisions, and patient care

ACCREDITATION

ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 36.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

AMERICAN ACADEMY OF FAMILY PHYSICIANS

This Live activity, Updates in General Internal Medicine for Specialists, with a beginning date of 01/28/2019, has been reviewed and is acceptable for up to 36.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

RISK MANAGEMENT

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 5.00 credits of Risk Management Study. This includes 3.00 credits of Opioid Education and Pain Management Training. Please check your individual state licensing board requirements before claiming these credits.

NURSE PRACTITIONERS and REGISTERED NURSES

For the purpose of recertification, the American Academy of Nurse Practitioners Certification Board and American Nurses Credentialing Center accept *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education). We would also suggest that learners check with their state licensing board to ensure they accept reciprocity with *AMA PRA Category 1 Credit™* for re-licensure.

PHYSICIAN ASSISTANTS

The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification. We would also suggest that learners check with their state licensing board to ensure they accept reciprocity with *AMA PRA Category 1 Credit™* for re-licensure.

CANADIAN ACCREDITATION

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

EUROPEAN ACCREDITATION

Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert *AMA PRA Category 1 Credit™* to an equivalent number of European CME Credits® (ECMECs®). Information on the process of converting *AMA PRA Category 1 Credits™* to ECMECs® can be found at: www.eaccme.eu.

Register at GIMS.HMSCME.com



HARVARD MEDICAL SCHOOL

Registration Information

**Updates in
General Internal Medicine
for Specialists 2019**
(Course #732253-1902)

	Tuition
Physicians	\$1,695
Allied Health Professionals and Residents/Fellows	\$1,595

Tuition includes continental breakfast, morning and afternoon refreshments, and a special reception on Tuesday evening, January 29.

All attendees of Updates in General Internal Medicine for Specialists 2019 will receive a flash drive containing course materials. If you would like a printed copy of these materials, you can purchase them in advance for \$50 with your course registration. A very limited supply will be available on site at the course for \$90.

REGISTRATION, PAYMENT, CONFIRMATION AND REFUND POLICY

Registrations for Harvard Medical School CME programs are made via our secure online registration system. To register for this course, please visit the course website at GIMS.HMSCME.com.

At the end of the registration process, a \$10 non-refundable processing fee will be added to your registration, and you will have the choice of paying by check or credit card (Visa, MasterCard, or American Express). If you are paying by check (draft on a United States bank), the online registration system will provide you with instructions and a printable form for remitting your course fees by check. Postal, telephone, fax, and cash-payment registrations are not accepted. All fees shown in USD.

Upon receipt of your paid registration, an email confirmation from the HMS GCE office will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate. Refunds, less an administrative fee of \$75, will be issued for all cancellations received two weeks prior to the start of the course. Refund requests must be received by email. No refund will be issued should cancellation occur less than two weeks prior. "No shows" are subject to the full course fee and no refunds will be issued once the conference has started.

QUESTIONS?

Call 617-384-8600 Monday-Friday 9am – 5pm (ET) or e-mail CEPrograms@hms.harvard.edu.

VENUE

Fairmont Copley Plaza
138 St. James Avenue
Boston, Massachusetts 02116
617-267-5300



ACCOMMODATIONS

A limited number of discounted rooms[†] have been reserved at Fairmont Copley Plaza until January 2, 2019. You can call the hotel's Global Reservations Centre at 1-800-441-1414 to make a room reservation. Please specify that you are enrolled in this activity in order to request the reduced room rate. You can also make your discounted reservation online by January 2 by going to the course website and clicking on the dedicated reservation link on the Venue page.

[†]Please note that the discounted rooms may sell out before the deadline.

Please do not make non-refundable travel arrangements until you have received an email from our office confirming your paid registration.